

# LEVELS OF NOISE In decibels (dB)

PAINFUL & DANGEROUS		
Use hearing protection or avoid	140	<ul style="list-style-type: none"> <li>• Fireworks</li> <li>• Gun shots</li> <li>• Custom car stereos (at full volume)</li> </ul>
	130	<ul style="list-style-type: none"> <li>• Jackhammers</li> <li>• Ambulances</li> </ul>
UNCOMFORTABLE		
Dangerous over 30 seconds	120	<ul style="list-style-type: none"> <li>• Jet planes (during take off)</li> </ul>
VERY LOUD		
Dangerous over 30 minutes	110	<ul style="list-style-type: none"> <li>• Concerts (any genre of music)</li> <li>• Car horns</li> <li>• Sporting events</li> </ul>
	100	<ul style="list-style-type: none"> <li>• Snowmobiles</li> <li>• MP3 players (at full volume)</li> </ul>
	90	<ul style="list-style-type: none"> <li>• Lawnmowers</li> <li>• Power tools</li> <li>• Blenders</li> <li>• Hair dryers</li> </ul>
Over 85 dB for extended periods can cause permanent hearing loss.		
LOUD		
	80	<ul style="list-style-type: none"> <li>• Alarm clocks</li> </ul>
	70	<ul style="list-style-type: none"> <li>• Traffic</li> <li>• Vacuums</li> </ul>
MODERATE		
	60	<ul style="list-style-type: none"> <li>• Normal conversation</li> <li>• Dishwashers</li> </ul>
	50	<ul style="list-style-type: none"> <li>• Moderate rainfall</li> </ul>
SOFT		
	40	<ul style="list-style-type: none"> <li>• Quiet library</li> </ul>
	30	<ul style="list-style-type: none"> <li>• Whisper</li> </ul>
FAINT		
	20	<ul style="list-style-type: none"> <li>• Leaves rustling</li> </ul>